**Coronavirus or ‘Covid 19’**

An epidemic of a respiratory disease that started in China has spread all over the world. It is caused by ‘coronavirus 2’. It is spread by respiratory droplets. It causes symptoms such as fever, sore throat and breathlessness. If these symptoms are present, especially with a history of overseas travel, or contact with someone who has been overseas, please contact your GP, call the Covid Hotline [1800 020 080](tel:1800020080), or go to a testing centre.

link to the NSW Health website <https://www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx> which is updated regularly and has the latest information concerning the virus.

Prevention currently is good hand hygiene and social distancing.

The best way to protect yourself and others is to practise good hand and respiratory hygiene:

* [Clean your hands thoroughly](https://www.vision6.com.au/ch/75695/83dx7/2158933/ffChKrzOc9z0Q6WYnHf3BmmfLRq0prQua3bH2use.pdf" \o "Clean your hands thoroughly" \t "_blank) for at least 20 seconds with soap and water, or an alcohol-based hand rub.
* Cover your nose and mouth when coughing and sneezing with a tissue or flexed elbow.
* Avoid close contact with anyone with cold or flu-like symptoms.
* Stay home if you are sick.
* **All travellers returning from overseas need to isolate for 14 days**.

If you have symptoms please seek medical advice and there are local centres for testing.

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| **Hospital: Prince of Wales Hospital**  **Days/Time:** 7 days a week, 10am to 8pm  **Location:** Building 14B, Ground floor, Avoca St, Randwick NSW 2031 (formerly Diabetes Centre, opposite St Paul Street). Dedicated car parking available adjoining this clinic for patients, access via Barker St vehicle entry.  **Contact No:** 9382 2710 | **Hospital: St George Hospital**  Days/Time: 24/7  Location: St George Hospital Emergency Department until SGH COVID-19/Flu Assessment Clinic is initiated  Contact No: ED triage |
| **Hospital: The Sutherland Hospital**  Days/Time: 7 days a week, 8am to 8pm  Location: Ground Floor, Old Emergency Department – enter via Kareena Road entrance  Contact No: 9540 8998 or extension 38998 | **Hospital: Sydney / Sydney Eye Hospital**  Days/Time: 24/7  Location: Sydney / Sydney Eye Hospital Emergency Department  Contact No: ED triage |